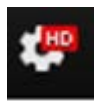
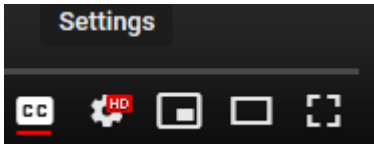
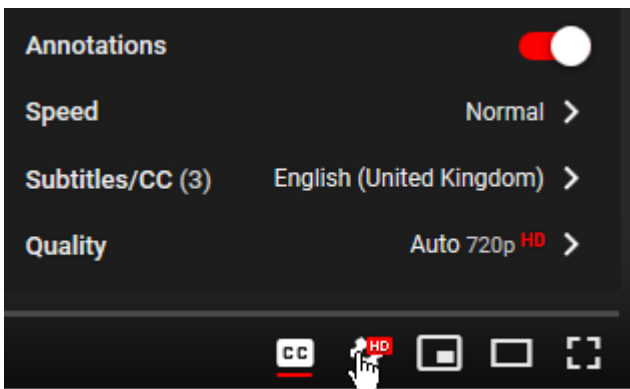


If you have no Google Account you have to [create one](#) you can also do it later and continue with **1) Start** but you will then be asked later to create a Google Account connected to your Email or Gmail Account* and then need to begin with 1) Start again

- 1) **Start:** If your YouTube starting page for editing the 19 Ergocarebank Ergocarebank videos is: https://www.youtube.com/watch?v=-w-GADar76Y&list=PLcUsdPpKpEI2cq_bvkd1IXxYHkespVkfH then you see a large black video box and on its bottom a play bar with in it on the right hand side

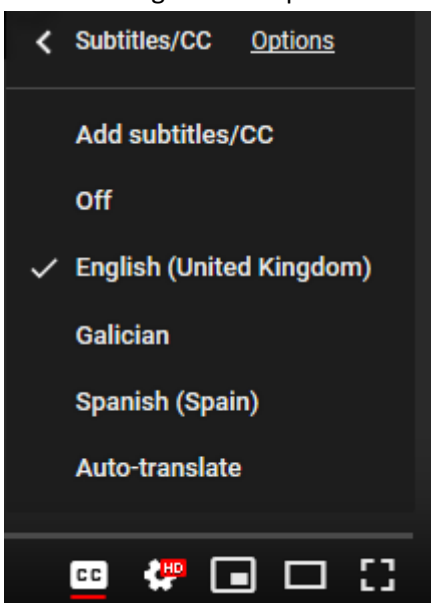


Click on the gear icon the following box will open



Click in **Subtitles/CC (3) English (United Kingdom) >**

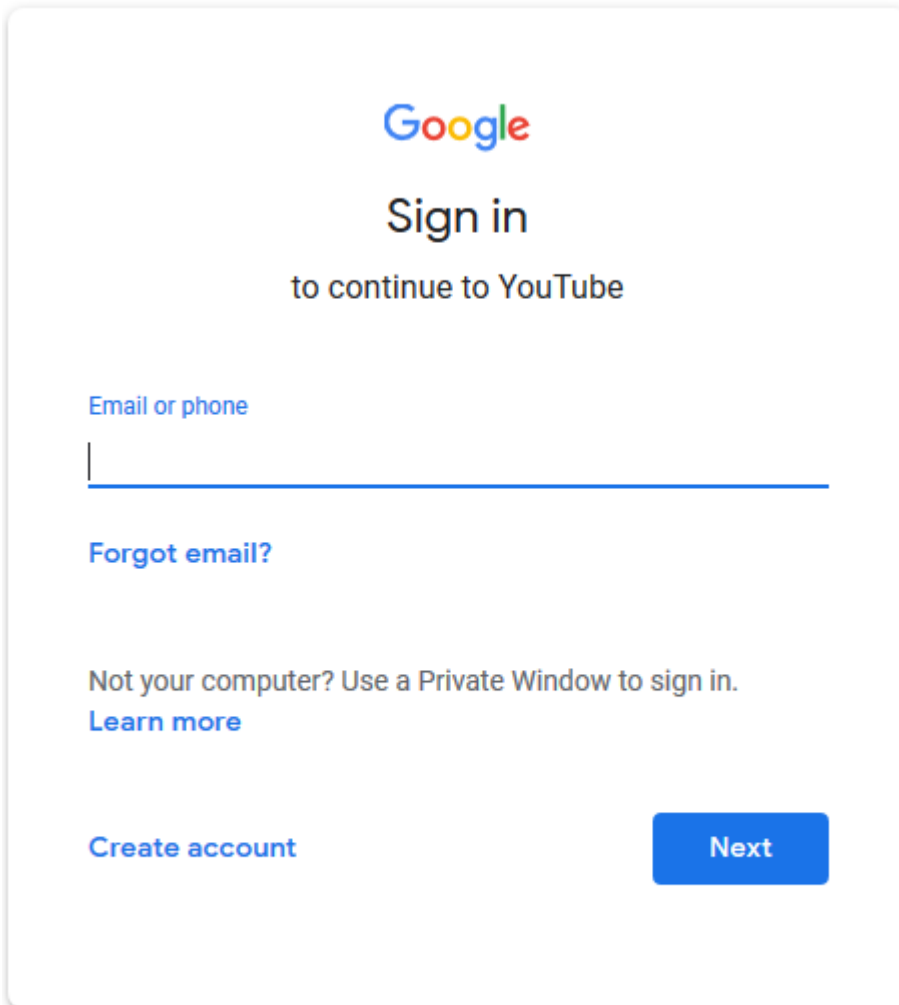
The following box will open



Add subtitles/CC

Click on A)

If you have not signed in with your Gmail account a window will open, in it the following box (https://accounts.google.com/ServiceLogin/identifier?hl=en-GB&passive=true&service=youtube&uilel=3&continue=https%3A%2F%2Fwww.youtube.com%2Fsignin%3Fapp%3Ddesktop%26action_handle_signin%3Dtrue%26hl%3Den-GB%26next%3D%252Ftimedtext_video%253Fref%253Dplayer%2526v%253D-w-GADar76Y%26feature%3Dredirect_login&flowName=GlifWebSignIn&flowEntry=AddSession)



The screenshot shows the Google Sign in page. At the top is the Google logo, followed by the text "Sign in to continue to YouTube". Below this is a text input field labeled "Email or phone" with a blue underline. Underneath the input field are two links: "Forgot email?" and "Not your computer? Use a Private Window to sign in. Learn more". At the bottom left is a link "Create account" and at the bottom right is a blue button labeled "Next".

English (United States) ▾
fr

[Help](#) [Privacy](#) [Terms](#)

You can change the language from the language shown above, in my case it is English (United States) ▾ to whatever language you like and then Sign In with your Google Account or create a Google Account connected to your Email or Gmail Account and then Sign In. *(You anyhow need a Google Account for many internet [activities](#) , therefore, if you do not have one yet, please create one).

Once you are signed in [go to start](#)

2) **Continue** to editing the video subtitle

Add subtitles/CC

After having clicked on A) a window containing in the right panel the following will appear

Select language ▼

Click on it to open the following box

Select language ▼

English

English (United Kingdom) | Published

Finnish

Search 189 other languages

Enter the name of the language you wish to edit, into the box “Search 189 other languages” as an example I use Catalan see box below

The box will then look like this

Select language ▼

English

English (United Kingdom) | Published

Finnish

Catalan

Catalan

Click on Catalan in the black field, (had you typed Portuguese, the box would look like this

Select language ▼

English

English (United Kingdom) | Published

Finnish

Portuguese

Portuguese

Portuguese (Brazil)

Portuguese (Portugal)

you would now click on either Portuguese (Brazil) or on Portuguese (Portugal)

After having clicked on Portuguese you see a window containing the following

The screenshot shows the YouTube subtitle editor interface. At the top, there are tabs for 'Title & description' and 'Subtitles/CC'. Below the tabs, the video title 'English to Portuguese (Portugal)' is displayed, along with a 'Switch language' link and buttons for 'Delete draft' and 'Submit contribution'. A blue notification bar states: 'The community has updated this content. You're now seeing the latest proposed version.' Below this, there is an 'Actions' dropdown menu and a text input field for subtitles. The subtitle list on the left shows segments with start and end times and their corresponding text. The video player on the right shows the video at the 0:00 mark, with a red arrow pointing to the play button. The video player also displays the subtitle 'Bert caiu quando ele foi sair da cama' and a progress bar. At the bottom, there is a checkbox for 'Pause video while typing' and a search icon.