



Lifelong Learning Programme



www.ergocarebank.com



ErgocareBank

The Ergonomic Databank for Social and Health Care

Risk assessment

A management model for physical risks



Ergonomic Solutions for both Nursing Home- and Home Care- work

Up from the floor

Lying to sitting

Sitting to sitting

Sitting to standing to sitting

Sitting to standing



- Ameliorated well-being at work
- Reduced musculoskeletal disorders
- Improved patient safety and quality of care

