

Ergocarebank - the work method.

The implementation of efficient risk assessment practices in health care is a challenging task. The Ergocarebank project team decided to approach this as a practical learning exercise involving all project partners.

At the outset, the work tasks of priority from a risk perspective were discussed and the manual handling experts in the project made a shortlist of tasks to be exercised and filmed.

The principles of best practice in manual handling, the work process of the task and the appropriate assistive equipment used was defined for each of the tasks.

The different work tasks of the shortlist were filmed on location by the participating partners, staff and patients. In all, 29 different film sequences were recorded in care facilities and at patients' home in Greece, Estonia, Finland and Sweden.

The exercise films were evaluated based on the existing evidence of safe manual handling by the manual handling experts and some of the sequences were re-filmed and some were abandoned.

A total of 19 film sequences were chosen for final production; introductions, logos and voice-over narratives were added.

The educational film sequences were included under the heading of ergonomic solutions at the Ergocarebank website. The format of the films were adapted to be suitable for Youtube.